

# One quiet minute, *after every shower*

Satin Skin is made for the moment right after your shower, when skin is warm, clean, and still slightly damp. Keep this guide by your vanity.

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## The ritual



I

### Warm

While skin is still slightly damp, place 2 to 3 drops of Amitra in your palm and warm them between your hands.



II

### Inhale

Bring your palms toward your face and breathe in slowly. Jasmine, rose, saffron and bergamot rise with the warmth.



III

### Press

Press your palms gently into your face, then your neck and décolleté. Pressing, rather than rubbing, lets the oil settle evenly.



IV

### Repeat

After every shower, morning or evening. Whenever you shower, that is your moment.

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## If you shower in the morning

1. Cleanse
2. Serum or moisturizer, if you use one
3. Amitra, 2 to 3 drops
4. Sunscreen

## If you shower at night

1. Cleanse
  2. Serum or moisturizer, if you use one
  3. Amitra, 2 to 3 drops
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## Small details that matter

### Damp, not wet

Pat skin with a towel, then apply while it still feels slightly damp.

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### 2 to 3 drops

Enough for face, neck, and décolleté. Add a drop more on dry winter days if you like.

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### Press, do not rub

Pressing lets the oil settle evenly and leaves a satin finish rather than a shine.

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### Keep it cool

Store the bottle closed, away from heat and direct sunlight.

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## Before your first use

Amitra contains sweet almond (tree nut) and sesame oils. Patch test on the inner arm before first use. For external use only. Avoid contact with eyes, and discontinue use if irritation occurs.